

Duchesne Elementary Speech and Language Newsletter

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St. Louis University Graduate Student



Please help me welcome Regina Garcia to Duchesne. Ms. Garcia is a second year speech language pathology graduate student from St. Louis University, which happens to be my alma mater! We are lucky to have her.



AMERICAN
SPEECH-LANGUAGE-
HEARING
ASSOCIATION

Making effective communication, a human right,
accessible and achievable for all.

Stuttering Facts

www.stutteringhelp.org

- More than 3 million Americans stutter.
- About 5% of all children go through a period of stuttering. 75% of these children will recover by late childhood. 1% of these children will stutter long-term.
- There is no “cure” for stuttering, but there are strategies people who stutter can use to produce fluent speech.

DON'T FINISH SOMEONE'S SENTENCE IF THEY ARE STUTTERING

We know you m-m-mean well, b-b-but we just need a l-l-little m-m-more time to say w-w-what we'd like to s-s-s-say.



Brought to you by Stuttering is Cool: A Guide to Stuttering in a Fast-Talking World. Available at stutteringiscool.com.

Tips for talking with someone who stutters.

- Be patient.
- Avoid finishing the person's sentences. Even if you think you know what they will say, interrupting is a way of shutting down that person's attempts to communicate.
- Avoid telling the person to “slow down.” It's not that easy for a person who stutters and can add to the stress they might already be feeling.
- Think about your own rate of speech. During fluency therapy, I model the strategies the students are practicing. It sets a more relaxed tone.

what is language?

The American Speech Language Hearing Association explains language like this...

Language is made up of socially shared rules that include the following:

- What words mean ("star" can refer to a bright object in the night sky or a celebrity)
- How to make new words (friend, friendly, unfriendly)
- How to put words together ("Peg walked to the new store" rather than "Peg walk store new")
- What word combinations are best in what situations ("Would you mind moving your foot?" could quickly change to "Get off my foot, please!" if the first request did not produce results.)

For more information, check out ASHA's website. www.asha.org

Be informed!

If your child has the educational disability of "Language Impaired," pay special attention to the "Alternate Form F" section of the IEP. This is how your child's teacher will know what modifications and accommodations your student needs to be successful.

